

Pedal Power

Bay View Bicycle Club (BVBC) Newsletter

www.bayviewbikeclub.org

May 2013

Next Board Meeting:

Next Newsletter Deadline:
Friday, June 14, 2013

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May Meeting

Beulah Brinton Community Center

2555 S Bay St

Bay View

Monday, May 20, 2013, 7:00 p.m.

Lots happening at the May BVBC meeting!

- Steve Halmo will distribute Ride Marshal information for the June 2nd Miller Ride for the Arts. Members who plan to marshal must attend this meeting to sign a waiver and pick up a tshirt.
- Guest speakers Jacob Gajewski and Cory Mueller, meteorologists from Innovative Weather and UW-Milwaukee, will talk about staying safe during severe weather, cloud identification, situational awareness, and other weather-related topics. This is extremely relevant and good-to-know information for bikers and other people who spend a lot of time outdoors in all kinds of weather! (You may have heard Jacob's and Cory's weather forecasts on WUWM (89.7FM!))

Lots of useful information! Come to the May meeting to pick up your ride marshal information and to get smart about the weather!

Classic Volunteers Needed on Saturday July 13, 2013

The countdown has begun! It's only two months until the Bay View Bicycle Club Lake Country Classic on Saturday, July 13, 2013! What's really amazing is that this is the 23rd year the Club has hosted this one-day fundraiser. It has grown from one route and fewer than 100 riders to five routes and 500 riders! Over the years, profits from the Classic have enabled BVBC to make donations benefitting both bikers and local community organizations (including the Bike Federation, Ozaukee Interurban Trail, Boys & Girls Club, and Hunger Task Force).

As you can guess, an event of this size requires a lot of volunteers. If you've already signed up to help at the Classic on Saturday, July 13, thank you! However, we still need more members to pitch in and help prior to and on July 13st. You'll be rewarded with a Classic t-shirt and a delicious spaghetti lunch, plus you'll have the opportunity to be part of an exciting event, mingle with 500+ friendly bikers, and enjoy the company of BVBC fellow members! If you care about biking, your community, and your Club, please contact Tom Perkins by June 1st at basswood98@yahoo.com to volunteer to help with route marking, SAGs, and sentries. **I will talk more about our needs at the May membership meeting.**

The Veep Speaks

Spring weather has finally arrived and we have been having some great rides accompanied by the wonderful sunshine!

At last month's meeting member Bob Tillen spoke about the importance of stretching and movement. We need to keep movin' and a groovin' to avoid sports injuries.

This month we will hear Steve Halmo speak about the Miller Ride for the Arts which is being held on Sunday, June 2. He will be collecting registration/volunteer forms and distributing T-shirts to those who sign-up to volunteer for ride marshal or sentry positions. If you would like to volunteer in one of these positions, please email me at vp@bayviewbikeclub.org and let me know your T-shirt size and whether you will be a marshal or sentry. Steve will bring shirts to the May member meeting. If you aren't sure whether or not you will volunteer, there will be another opportunity toward the end of May at the Miller Inn where you can register and get your shirt. A bonus for volunteering is the post ride party at the SummerFest/Maier Festival Park and lunch in the VIP area.

Change of date for the July meeting!!! Our July membership meeting and ice cream social is being moved ahead one week to July 8 so that we can address any last minute concerns and distribute equipment that may be needed for the Classic. Please mark your calendars!

Membership Notes

Hi everyone. The 2013 renewal date has now passed and if you have not gotten your application in, please do so soon. We will be creating the Club Directory for distribution in June, so we'd like to have all active members in by then. As usual, you can either send it in to the club PO box, bring it to a ride or to a club meeting.

Join me in welcoming the following new members this month:

John Zellner, Joseph Martinez, Linda & Charles Witkowski, Gary Wehrley, Russ Langford, Liane & Walter Jones, Ronald Rutkowski

See you all on a ride!

MaryJo, Membership Chair

UPAF VOLUNTEER PARTY

UPAF Ride volunteer party is now Thursday, May 23rd at 5:30 p.m. at the Miller Inn.

To Those Helping Hands

I would like to thank those members that helped at our booth at the Wheel & Sprocket Expo event . We are now more visible to the biking public and we even picked up a few new members. I would also like to thank members that returned feedback about how we were presented and any improvements

Safe After Sunset

How to be prepared the next time you get caught in the dark

By Joe Lindsey, bicycling.com

The sun may be setting later now that it's spring, but you can still run out of daylight on an evening commute or an after-work ride. If it happens, use crosswalks at busy intersections rather than riding through traffic to the turn lane. It will take a little longer, but you'll reduce the risk of an accident. If your route follows a busy thoroughfare, consider cutting over one block to a quieter side street.

Illuminate

Always have the option of turning on a light by keeping two inexpensive blinkie lights on your bike at all times. Companies like Knog and Blackburn make lightweight ones

that are unobtrusive and attach easily to a handlebar or seatpost. They won't have enough firepower to illuminate your path, but the flashing LEDs will make you much more visible to motorists and pedestrians.

Reflect

Even the brightest hi-vis clothing becomes hard to see in low-light conditions. Make sure your riding apparel has plenty of reflective details. One way to be reliably visible: Place reflective decals, like ones from RydeSafe or Fun Reflector, on the stuff you use all the time. Attach them to both sides of your rims (the spinning draws attention), the outer sides of your shoes, and your helmet.

Your homemade goodies needed for The Classic

Hello all,

As we continue to prepare for the cycling classic, I would like to remind you all to start thinking about the fresh baked goods that you would like to contribute for ride day. Maybe you would like to bring your own dessert specialty every year or have been hankering to try a new recipe. Old favorites and new experiments alike are greatly appreciated by our riders. And add to the individuality and character of the Classic. Nothing beats a quick break for a homemade oatmeal fudge bar while cycling through the beauty of Wisconsin's Lake Country. Rice crispy bars or anything with chocolate or fruit tends to disappear fast.

We will provide a baked goods sign up sheet at the next meeting and will ask all contributors to divide their treats into four containers that you do not need back. Zip-lock bags tend to work well. Bring the treats to the First Congregational United Church of Christ the day of the classic. Feel free to bring them frozen. If you cannot make it to the Classic you may drop off your treats at a member's house the night before. We will be asking for a few members to volunteer their homes as drop-off sites. Once we have confirmed several drop-off sites, we will communicate their names and contact information to the membership.

Submitted by

Susie Thaller

Last Month's Meeting Minutes

. BVBC April 2013 Membership Minutes

The meeting convened on the 15th of the month.

Clare informed the board that Russ Mathers had suffered a heart attack . A get well card was passed around and members were asked to sign their names.

Clare then welcomed any visitors and a new member, Patti Chambers.

Clare asked for a motion to approve the minutes as printed in the Newsletter. A motion was made and approved.

Bob Klein gave a report on the Wheel & Sprocket Expo thanking all members that volunteered their time to work at our booth. He indicated that there was five new members that signed up and the number could go up. Bob Klein then said that he would email members that volunteered to query them on any ideas or problems so future Expo's may be improved.

Clare gave Jill's report as vice president about Bob Tillen as speaker this evening and Steve Halmo making an appearance next month to prepare us for the Miller Ride for the Arts.

Clare informed the membership that the meeting for July is being scheduled for July 8th so that it occurs just before our Classic event . This will assist us in the final preparations for the Classic and further reminded the membership that this will be the traditional ice cream social.

Linda gave her Treasurer's report with an opening balance of \$6196.28 and a closing balance of \$5420.07. The major expense was the Classic post cards and the mailing fees . A motion was made to approve the Treasurer's report.

MaryJo reported on membership saying we have 9 new members so far this year . She then reminded the membership that it is time to renew and gave several options on how members could do their renewal. MaryJo further suggested that membership applications could be delivered to bike shops and invited members that would be interested in doing this see her to receive forms.

Kent reported on the ride chair that the past weekend was the official kick-off of the riding season. There were 17 in attendance at the Saturday ride and 5 for Sunday. Inclement weather occurred Sunday causing poor attendance. Kent further announced that ride coordinators will be getting random drawing prizes for helping as ride coordinators . The drawings will be once per month and winners do not need to be present. Kent concluded his report saying that he would like to have feedback about any errors on the rides so they may be corrected as needed.

Dan's entertainment report was given in his absence . There will be a dinner at

Applebee's on April 26th. A scavenger hunt is scheduled for May 18th. A contra dance will happen on April 19th at the Falcon Bowl.

Tom reported on the progress of the Classic. A volunteer sign-up sheet was passed around to offer members an opportunity to help with the different positions available. A change will also be made to the Summit and Mackie Park rest stops, there will be two shifts at each to shorten the long hours that were required of volunteers in the past. Tom reported that the Summit Park had already been reserved by another group making it un-available to us. Research is now taking place on a replacement site, possibly an area near the Genesee Lake boat landing. Tom finally expressed a need to have hand-outs distributed at the area bike shops.

Clare gave a short report on the publication by the Bike Fed called the Ride Guide. She expressed how convenient and informative the guide is to riders.

The meeting then concluded with the speaker Bob Tillen on stretch exercises and motivation.

Just for fun , a Bicycle Riddle—it's elementary

Think you know the answer to the riddle below? Email your answer to joe@bayviewbikeclub.org no later than Friday, June 7, 2013. Please do not forget to include your full name in your response. The first person to submit the COMPLETE correct answer will win a valuable prize to be awarded at the June meeting. (Think this is too easy? Note the emphasis on COMPLETE). The answer will be published in next month's newsletter. All persons submitting a correct (and, again, complete) answer will be eligible for a somewhat less valuable consolation prize. Disclosure: actual prize values will not be worth trying this at home.

Ready, set.....go!

There had been a terrible accident in a suburb north of London, and Inspector LeStrade had been sent to investigate. Sir Richard Ashcroft was dead, and everyone agreed that it was an accident--although some suspected it was a suicide.

Sir Richard had been found on a rocky slope, his head dashed against one of the boulders and his mangled bicycle at his side. The facts seemed to speak for themselves.

He had lost control of his bike and had crashed. There had been no eyewitnesses, but finally an eyewitness emerged: Nigel--Sir Richard's trusted gardener of many years.

Haltingly, he told his story: "I was walking back from town up that long hill leading to Sir Richard's estate when I saw him riding toward me, sitting straight up in his seat the way he always rode. He was traveling at a high rate of speed. Suddenly, he jerked the handlebars to the left, and making a hard left turn, off the road he flew to his death."

Later that day, LeStrade is discussing the points of the case with his buddy, Sherlock Holmes, over cognac and a few Arturo Fuentes cigars. Holmes says, "Bring the gardener in for questioning. He's the perpetrator."

How DID Holmes know?

Ride Leader Responsibilities

Being a ride leader is lots of fun and earns you additional rider points. Just remember:

- Be on time, or preferably, a little early.
- Be sure all riders sign the waiver sheet. Have them indicate the number of miles they intend to ride.
- Provide and distribute the ride route map to all riders.
- Pack and carry a First Aid Kit. If you don't have a kit or need additional supplies, please contact the Ride Chair. Render assistance as needed and as you are able. In case of an accident involving more serious injury or property damage, fill out the enclosed incident report when time permits. This will allow a claim to be submitted to our insurer.
- At rest and lunch stops, do a check to make sure all riders are accounted for. At the end of the ride, again double-check on riders to make sure everyone made it back.
- Have fun!

After the ride, return the waiver sheet (and ride package) to the Ride Chair so that everyone can qualify for rider points and to satisfy our insurance requirements.

Make notes after the ride (where to eat afterwards, where to park, any problems with the route (places people got lost, incorrect mileage, bad corners, etc.)) for the next ride leader and turn in to the Ride Chair.

On The Road Again

The season's well begun. Let's hope for dry weekends or if it must rain, that it does so in the evening/nighttime. We've got some good rides to close out May and throughout June. (OK. The rest of the season is good also. Picky. Picky.)

The Tuesday morning rides are underway. Join in for a leisurely, social ride with a casual meal or something afterward. Start from Buelah Brinton Community Center at 9:00 am.

Monthly Ride Coordinator Prize

I'm going to explain the process here and then won't mention it again. If you're not interested, skip to the next paragraph. I won't mind and you won't be tested on this. I enter each Ride Coordinator's name starting from the first of the period to the end of the period. I enter a name one time no matter how many times that person has been a Ride Coordinator during the period. I then run the list through a random generator which spits out one name. That person is the period's winner. I tested the random generator portion with a ten-name list run 5,000 times and counted how many times the names were picked. The spread between the fewest and most counts was 350. If I'd run the test 10,000 times, the spread would have been smaller. I'm confident it is random. I will be disciplined and run the process once a period. Now about that test. . .
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Monthly Ride Coordinator Prize (for real)

The period is from January 1 through April 30 of this year. The Ride coordinators were: Scott Siebers, Linda Roessl, Jeff Schmidt, and Jill Litzenberg. And the winner is. . . .
.Scott Siebers. The prize will be given at May's meeting or sometime later if Scott isn't at the meeting. Thanks to all the Ride Coordinators.

As always, no ride happens without a Ride Coordinator so please come to a ride or a meeting with your schedule in mind so that you can, with confidence, sign up. Or, call/e-mail me to find out which rides need a Ride Coordinator. We'll arrange for the ride packet transfer. Thanks.

It's not a ride until ridden.

Kent

Bay View Bicycle Club
Rider Points for October 1, 2012 - April 30, 2013

These Rides Have Not Been Entered

Apr 27 - Two Trails West

Apr 28 - Gorney Park

Roessl, Linda..... 535
Soriano, Joseph 380
Schmidt, Jeff..... 373
Siebers, Scott..... 308
Ziegler, Suzanne 275
Fischer, Joe..... 254
Klein, Robert..... 254
Sikorski, Andy 241
Ziegler, Joel 229
Borchardt, Jeff..... 226
Tuckwood, Debra 212
Litzenberg, Jill..... 208
Temple, Rich..... 185
Paulson, Don 180
Santoro, Ron 175
Smiley, Michael 158
Beachkofski, Clare 150
Wutt, Jenny 140
McAvoy, Thomas..... 139
Dix, Michael..... 132
Thaller, Susan 127
Perkins, Tom..... 111
Zalewski, Mark 105
Mowery, Dean..... 96
Krall, Dan 89
McCarty, Elaine 83
Schwabe, John..... 82
Schwabe, MaryJo 82
Crown, Ron..... 75
Watson, Wendy 72
Valente, Nancy 63
Constantine, Darwin 59
Bivens, Bob..... 50
Freischmidt, Lance 50
Katzfey, David 50
Katzfey, Delvina..... 50
Kelly, Kent 50
Krueger, Gil 50
Krueger, Nancy..... 50

McNaughton, Jamison 50
Mitton, Sandy..... 50
Mitton, Steve 50
Nelson, Tom 50
Gannon, Dan 42
Gannon, Sandra 42
Peterson, Beth 40
Demian, Milad..... 36
Burton, Becky 32
White, Cory 32
Labinski, Dennis 30
Labinski, Mary 30
Hustedde, Bill 28
Schwartz, Steve 28
Wojtal, Norm..... 28
Ziegler, Megan 28
Peterson, Pat..... 24
Martinez, Andy..... 20

Bay View Bicycle Club

Ride Schedule for May 18, 2013 - June 30, 2013

All Rides Start at 10am April, May and October and 9am June through September

Tuesdays - Morning Rides (May - September) - miles vary

Start at 9:00am from Buelah Brinton Community Center, 2555 S Bay St, Bay View. Routes determined day of ride but are usually around 20 miles.

May 18, 2013 - Dundee - Northern Kettle Moraine - 20, 31, 44 miles

Very scenic ride through Northern Kettle Moraine state forest. Short route is fairly easy, longer routes are moderately hilly. - Starts from Mill Park in Dundee. Take I-94 west to US 45. North on US 45 to WI 67 (approximately 7 miles past Kewaskum). East on 67 to Dundee. Park in lot behind the Hamburger Haus. Approximate drive time: 55 minutes from Zoo.

May 19, 2013 - South Shore to Gorney Park - 25, 41 miles

Ride south to Gorney Park, then return. - Starts at South Shore Park in Bay View. Take I-94 exit at Becher St. Go east on Becher to E. Bay St.. Veer right on E. Bay St., follow it around to Russell Ave. Turn left on Russell to Superior. Turn right on Superior to Estes St. Turn on left on Estes and right on South Shore Dr. Consult a map for more details.

May 25, 2013 - Three Trails West - 15, 24, 26, 39 miles

Ride Glacial Drumlin, Cushing Park, and Lake Country trails to Oconomowoc. Trail Pass required. - Start at Fox River Sanctuary in Waukesha at W College Avenue and N Prairie Dr.

May 26, 2013 - Toms Picnic Ride - 13, 28 miles

Easy ride through Oak Creek Pkwy, south to Caledonia and back. Club members only, bring a dish to pass, - Call Tom @ (414) 764-0091 by the Friday before the ride to RSVP and to get directions.

May 27, 2013 - Charlies Memorial Ride - 23, 40 miles

Scenic ride through Hales Corners, Muskego, Big Bend and Mukwonago. Long route has numerous hills. - Passes near Charlies gravesite. Starts at Hales Corners Park. Take I-43/894 to Forest Home Ave., south west on Forest Home (WI 24) to Janesville Rd. (WI 24), west on Janesville to 116th St. North on 116th St. Left on New Berlin Rd. to parking lot on left.

Jun 1, 2013 - Oakleaf - Oakwood - 25, 34 miles

Easy ride following the Oak Leaf trail and loops back through Oak Creek. - Starts at Grant Park Golf Course. Take Lake Drive south to Hawthorne Ave. East on Hawthorne to Club House.

Jun 2, 2013 - Miller Lite Ride for the Arts - 5, 15, 25, 50, 75 miles

Annual fund raiser for the Arts. Sign-up with the BVBC to be a ride marshall. - Starts at Summerfest grounds in downtown Milwaukee. See brochure for details.

Jun 8, 2013 - Burlington Roll - 23, 33, 50 miles

Easy ride between Wind Lake and Burlington. - Starts at Heg Park. Take WI 36 (Loomis Rd) south towards Wind Lake. Heg park is approximately 1 mile past Wind Lake, watch for signs on the right.

Jun 9, 2013 - Lake Mills Triangle - 29, 41, 55 miles

Very scenic ride from Lake Mills to Cambridge and west to Lake Kegonsa State Park. Longer routes hilly. - New Starting Location: I-94 west (Exit 259 - Lake Mills), south on Hwy 89 approximately 2 miles, right on Sandy Beach Road. Park in Rotary Park lot, approximately .2 miles (enter at west end).

Jun 15, 2013 - Gils Ride to Rome - 25, 32, 42, 50 miles

Scenic ride through farming country to Rome and back. - I-94 west exit Hwy 67. Go left 3.4 miles to Sunset (Hwy 18). Turn right on Sunset, go half mile to Main St.. Turn left on Main .8 mile to Dousman Public lot. Use parking lot on east side of Main St. Approximate drive time: 40 minutes from Zoo.

Jun 15, 2013 - Tour de Cure - 16, 31, 62 miles

Annual American Diabetes Association ride (registration fee and fund-raising required). - See website for more information: <http://main.diabetes.org/site/TR>

Jun 16, 2013 - Menomonee Falls/Neosho - 29, 49, 59 miles

Ride west from Menomonee Falls to Neosho and back. Scenic and very challenging in spots. - Starts at Village Park in Menomonee Falls. Take I-94 west to US 45. North on 45 to Appleton Ave. Northwest on Appleton Ave to Garfield Dr. (across from bank in downtown). Left on Garfield Dr. to Village Park on left. Approximate drive time: 20 minutes from Zoo.

Jun 22, 2013 - Past Presidents Day Ride and Picnic - 26, 35 miles

Ride open to all/Picnic for members only. Ride north through River Hills, Mequon, Thiensville and Grafton. - Starts at Kletzsch Park. Take I-43 north to Good Hope Rd. Go west one mile to Milwaukee River Pkwy. South in Pkwy approximately one mile to parking lot on west side.

Jun 23, 2013 - Greenfield Park SW - 28, 47 miles

Rural ride going through Muskego, New Berlin and Windlake - Starts at Greenfield Park. Take I-894, exit at Greenfield Ave. Go west to 124th St. Turn Left on 124th and left into park at the Cool Waters Sign. Park in the north lot across from the Cool Waters Pool.

Jun 23, 2013 - Riveredge River Valley Ride - 16, 30, 50 miles

Annual fund raiser (registration required). - Starts in Newburg, WI. See brochure for details or On Line registration @ www.riveredge.us (800)-287-8098.

Jun 29, 2013 - LaGrange - Whitewater - 30, 56 miles

Scenic ride through Southern Kettle Moraine between LaGrange and Whitewater. - Starts from LaGrange General store. Take I-43 southwest to East Troy. West on WI 20 to US 12. West on US 12 to LaGrange. Park in the lot at the intersection of US 12 and Cty. H. Approximate drive time: 50 minutes from Zoo.

Jun 30, 2013 - South Hills - 22, 37, 51 miles

Newly re-vamped for 2013! Easy ride with all routes west of I-94. No route untouched. - Starts at South Hills Golf Course in Racine County. Take I-94 south to County K, exit on K, take east frontage road 1.5 miles south to golf course. Approx drive time :25 minutes from Zoo.