

Pedal Power

Bay View Bicycle Club (BVBC) Newsletter

www.bayviewbikeclub.org

July 2013

Next Board Meeting:
Tuesday, , 2013

Next Newsletter Deadline:
Friday, August 16, 2013

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JULY Meeting

Beulah Brinton Community Center

2555 S Bay St

Bay View

Monday, July 8, 2013, 7:00 pm

Annual Ice Cream Social!

Get the last-minute scoop on the July 13st Classic, indulge in an ice cream sundae, and learn how to prevent, identify, and treat heat stroke/heat exhaustion/dehydration!

The BVBC Lake Country Classic on July 13 is just days away! If you haven't already volunteered, now's the time to do it! Contact Tom Perkins at basswood98@yahoo.com and let him know you can help. It's also the final week to bake treats for the Classic rest stops. Divide up the treats into four disposable containers (at least one dozen per container). Bring them to the July 8 meeting, drop off at a designated member's house, or bring them to the church on July 13. The riders love your homemade treats!

Thanks to the Club members who have been Ride Coordinators on the weekly rides; purchased supplies and grilled food at a fun Past Prez picnic; and have been helping with all the behind-the-scenes Classic preparations! You're the greatest!

See you on Club rides!

Clare

The Veep Speaks

This weather is so great!

I don't even want to think that the summer solstice just happened and that the hours of sunlight are getting one minute less each day. The sunlight is so invigorating and it gives people so much more positive physical and mental energy. Let our endorphins dance!

At the June meeting we listened to Amelia Kegal give a lively presentation about her farm trip across America. She and about 11 others rode across the country learning about organic farming. They spent many nights at local farms and helped with weeding and other various tasks that were greatly appreciated by the farmers. Some of the riders had never ridden more than 20 miles at a time before the trip!

At the meeting this month I will be speaking about heat exhaustion and heat stroke. Last year at the Classic we had a few riders who succumbed to the heat. I will pass on information about how to recognize heat related problems and what we can do to help people if we see it or better yet recognize people who may be getting to that level and prevent it from happening. I am a Registered Nurse with 24 years of Urgent Care & Emergency nursing experience – an old battle-axe Nurse Ratched!

Remember the July meeting is on July 8 instead of July 16 so that we can address any last minute Classic issues.

This is also our ice cream social meeting!!!
Chocolate, Carmel, Strawberry, Nuts, Whipped Cream!!!

Jill
Vice-President

Membership Notes

Hi everyone. If you didn't make it to last month's membership meeting and would like a Club Directory, see me on a ride, at the Classic or at July's meeting. Other board members may have some as well.

Please welcome new members this month: William Dames, Lisa Green & Terri Harnell. See you all soon!

MaryJo, Membership Chair

Social Events

Row Row Row Your Boat

Kayaking night on Tuesday, July 16
5:30-8:00

Handle's Milwaukee Kayak Company (MKC)

Launch Site:
318 South Water Street
Milwaukee, WI 53204

“We are located on the Milwaukee River, across the river from the Third Ward and across the street from Next Act Theater. Our unique location provides a beautiful view of the Milwaukee River, Hoan Bridge, and the historic train bridge.”

Arrive by 5:30 to be fitted for life jacket and get your kayak/canoe assignment. Owner Beth Handle will then go over the trail and then set us free at 6:00. We need to have the flotation devices back by 8:00.

See below for information that Beth sent me.

We will explore the
Milwaukee Urban Water Trail
Milwaukee, Menomonee & KK Rivers

Inventory at this time includes:

- 14 solo kayaks - \$25 each
(Includes a mixture of recreational, touring and sit-on-top kayaks)
- 2 tandem kayaks - \$35 each
- 1 canoe - \$35 (have access to more canoes if needed)

If any of our experienced kayakers would like to take the lead let me know ASAP otherwise the company will provide a lead and a sweep for \$30.

Beth is allowing people who have their own kayaks to launch at no charge during this outing. I will need a head count and I will also need to know if you will be using your own kayak or if you will be renting. Also, let me know if you would like a canoe so that Beth can arrange for it. I need a head count by Friday, July 12 so that I can let her know. I also need to let her know by Monday, July 8 if we will need a guide/sweep.

Space is limited so if you commit to the outing, please attend.

First come – first served

Payment is per person and each person is responsible for paying Beth at the time of the outing.

Either email me at my personal email address or at
VP@BayViewBikeClub.org

This is going to be SO MUCH FUN! I'm so excited!!!
Jill

On The Road Again

Thought I'd provide some information about what the Ride Chair does during the year. This might prove helpful since we'll be electing a new person to fill the position in October. Never too soon to be thinking about how you can help the Club by serving on the Board.

The major duties break down like this:

Scheduling:

Create and maintain yearly ride schedule

Publish yearly and monthly schedules (newsletter, web site, newspaper)

Routes:

Change, correct, add new cue sheets/maps

Rides:

Prepare ride packets

Sign-up Ride Coordinators

Track and publish Rider Points

Computer related:

Basic spreadsheet skills

Basic word processing skills

Most documents are in Microsoft's Excel/Word 2007 (or greater) format.

(Format can be downgraded to pre-2007 versions if necessary.)

Comfortable working with a web (or computer) application

Resources:

A specific for the Ride Chair web application which eases much of the above.

(Demo available upon request.)

A Tips and Guidelines document

Most helpful is a very small group of members trusted for their club history, riding experience, and sound judgment to serve as advisors and possible assistants.

If you have questions or want to find out more, please talk with me at a meeting, a ride, or call.

Monthly Ride Coordinator Prize

The period is for 'June is bustin' out all over'. The Ride Coordinators were: Linda Roessl, Andy Sikorski, Mike Dix, Tammy Gibbs, Jeff Schmidt, Bob Klein, and Joe Fischer. And the random picker picked. . . . Linda Roessl. The prize will be given at July's meeting or sometime later if Linda isn't at the meeting. Thanks to all the Ride Coordinators.

And as always, no ride happens without a Ride Coordinator so please come to a ride or a meeting with your schedule in mind so that you can, with confidence, sign up. Or, call/e-mail me to find out which rides need a Ride Coordinator. We'll arrange for the ride packet transfer. Thanks.

It's not a ride until ridden.

Kent

Last Month's Meeting Minutes

BVBC June 2013 Membership Minutes

The meeting convened at 7:00 on the 17th of the month.

The minutes to the May meeting were read and a motion was made to approve as written.

Jill reported that there will be no speakers for the July meeting since that meeting will be used for Classic preparation.

Linda gave the Treasurers report with an opening balance of \$8567.69 and a closing balance of \$8832.69. Bank account activity was mainly made up of Classic expenses , membership renewals and Classic registrations. The Treasures report was approved by a motion.

MaryJo reported that the membership roster is now available and distributed copies for those that wanted them.

Kent indicated that the South Hills ride needed a different start point on account of road construction on the frontage road in front of the golf course. That new start point will be determined in the future. Kent asked that the participants in the Classic preview please note inaccuracies so that last minutes changes could be made for the Classic queue sheets. Kent reminded the members that charity rides qualify for rider points . Kent concluded with his intention to retire from the Ride Chair position at the end of the year.

Tammy had nothing to report on the Newsletter.

On entertainment Dan reminded members of the Past Presidents ride and picnic on June 22nd. He asked members to bring a dish to pass or a grill to use. A \$10 fee will be collected in lieu of a dish to pass. He also has earmarked an event at Buffalo Wild Wings in he future . He concluded by indicating that he will listen to any ideas for future entertainment events.

Tom reported on the Classic that more volunteers are needed and then passed out a sign-up sheet. Diane had 90 riders register of which only about 15% were mailed in . The rest were completed online. The focus now is on the route marking which will be on July 6th. The need is for road markers and sign set up.

Clare reminded members that four new board members are needed for next year.

Clare informed the members that Hidden Bay Graghics will take re-orders for club clothing if a new order is place for at least six of the same item.

Linda won Joe Fischers riddle and was awarded a pair of sox.

A presentation was then given by Amelia Kagel on her 2012 Farm Tour of America.

The meeting then adjourned.

Ride Leader Responsibilities

Being a ride leader is lots of fun and earns you additional rider points. Just remember:

- Be on time, or preferably, a little early.
- Be sure all riders sign the waiver sheet. Have them indicate the number of miles they intend to ride.
- Provide and distribute the ride route map to all riders.
- Pack and carry a First Aid Kit. If you don't have a kit or need additional supplies, please contact the Ride Chair. Render assistance as needed and as you are able. In case of an accident involving more serious injury or property damage, fill out the enclosed incident report when time permits. This will allow a claim to be submitted to our insurer.
- At rest and lunch stops, do a check to make sure all riders are accounted for. At the end of the ride, again double-check on riders to make sure everyone made it back.
- Have fun!

After the ride, return the waiver sheet (and ride package) to the Ride Chair so that everyone can qualify for rider points and to satisfy our insurance requirements.

Make notes after the ride (where to eat afterwards, where to park, any problems with the route (places people got lost, incorrect mileage, bad corners, etc.)) for the next ride leader and turn in to the Ride Chair.

Bay View Bicycle Club Rider Points for October 1, 2012 - May 31, 2013

All Rides Entered for These Dates

Soriano, Joseph	854	Schwabe, MaryJo	208
Roessl, Linda.....	709	McAvoy, Thomas.....	207
Siebers, Scott.....	653	Smiley, Michael	207
Schmidt, Jeff.....	636	Peterson, Beth	196
Fischer, Joe.....	498	Rutkowski, Ron.....	168
Ziegler, Suzanne	487	Gannon, Dan	150
Sikorski, Andy	483	Gannon, Sandra	150
Mowery, Dean.....	464	Wutt, Jenny	140
Tuckwood, Debra	448	Mitton, Sandy.....	136
Santoro, Ron	412	Mitton, Steve	136
Litzenberg, Jill.....	333	Peterson, Pat.....	135
Thaller, Susan	329	Durkin, Gretchen.....	132
Ziegler, Joel	311	McCarty, Elaine	132
Temple, Rich.....	307	Sericati, Tom	129
Borchardt, Jeff.....	282	Constantine, Darwin	120
Perkins, Tom.....	271	Schwabe, John.....	120
Klein, Robert.....	254	Crown, Ron.....	119
Beachkofski, Clare	238	Martinez, Andy.....	107
Dix, Michael.....	233	Zalewski, Mark	105
Fishman, Steve	221	McNaughton, Jamison	101
Paulson, Don	213	Nelson, Tom	92
Krall, Dan.....	89		
Kelly, Kent	86	Hogan, Helen.....	46
Krueger, Gil	85	Anders, Eric	41
Krueger, Nancy.....	85	Anders, Heidi.....	41
Lentzke, Phil	79	Schaubel, Jeff	39
Shields, Colleen	78	Wehrley, Gary	37
Orosa, Jojo.....	75	Demian, Milad.....	36
Burton, Becky	73	Gibbs, Tamara	36
Watson, Wendy	72	Gresl, Lois	35
Katzfey, David	66	Wojtal, Prati	35
Katzfey, Delvina.....	66	Connors, Dennis	33
Labinski, Dennis	63	White, Cory	32
Labinski, Mary	63	Ziegler, Megan	28
Valente, Nancy	63	Witkowski, Charles.....	24
Wojtal, Norm.....	63	Witkowski, Linda	24
Rosenberg, Diane	59	Zimmerman, Terry	24
Bauknecht, Joe	55	Ellington, Pauline	20
Remlinger, George	55	Richardson, Ann	10
Bivens, Bob.....	50		
Freischmidt, Lance	50		

Bay View Bicycle Club

Ride Schedule for July 1, 2013 - August 31, 2013

All Rides Start at 10am April, May and October and 9am June through September

Tuesdays- Morning Rides (May - September) - miles vary

Start at 9:00am from Buelah Brinton Community Center, 2555 S Bay St, Bay View. Routes determined day of ride but are usually around 20 miles.

Jul 6, 2013- Chucks Lunch Ride - 34 miles

Easy ride through River Hills and Mequon. Stop at Chucks for food afterwards at 406 N. Main St. - Starts at Village Park in Thiensville. Take I-43 north to Mequon Rd. West on Mequon Rd (approximately 3 miles). Right on N. Cedarburg Rd/Main St. (approximately 1/2 mile). Right on Green Bay approximately 1 block, right on Elm to Village Park.

Jul 6, 2013- Classic Preparation Day - 100 miles

Mark the Route. -

Jul 7, 2013- BVBC Classic Preview - 15, 25, 45, 65, 100 miles

BVBC Classic previewed for MEMBERS ONLY!!!! Century and 65 mile starts at 7:00 am; all others at 9:00 am - Starts at First Congregational Church at 815 S. Concord Rd. Oconomowoc. Take I-94 west to WI 67 (Oconomowoc exit). Turn right (North) on Hwy 67 (Summit Ave), turn LEFT (west) on Hwy B (Valley Rd). Travel West 3+ miles to Hwy BB (Golden Lake Rd, also Concord Rd.) turn RIGHT (north). Go North about 1.5 miles to First Congregational Church, on East side of the road. Park in the northeast corner of the upper parking lot.

Jul 13, 2013- BVBC Lake Country Classic - 15, 25, 45, 65, 100 miles

Bay View Bicycle Club fund raiser ride through Lake Country Waukesha & Jefferson Counties - Starts at First Congregational Church at 815 S. Concord Rd. Oconomowoc. Take I-94 west to WI 67 (Oconomowoc exit). Turn right (North) on Hwy 67 (Summit Ave), turn LEFT (west) on Hwy B (Valley Rd). Travel West 3+ miles to Hwy BB (Golden Lake Rd, also Concord Rd.) turn RIGHT (north). Go North about 1.5 miles to First Congregational Church, on East side of the road. Park in the northeast corner of the upper parking lot.

Jul 14, 2013- Whitnall Park South - 22, 37, 58 miles

Easy ride into Racine county and back - Starts at Whitnall Park Golf Course on 92nd Street just north of Rawson Ave.

Jul 20, 2013- Ottawa Lake - 29, 41 miles

Scenic ride through Southern Kettle Moraine State Forest. - Take I-94 west to WI 67 (Oconomowoc exit), south on WI 67 approximately 3.4 miles, right on Sunset/(WI 18) 1/2 mile, left on Main St. 1.2 miles to Glacial Drumlin parking on left side of street. 30 minutes from Zoo.

Jul 21, 2013- Cedarburg - 28, 49 miles

Very scenic ride through rural area north of Cedarburg. - Starts at Centennial Park. Take I-43 north to County C (exit 89), west on C to Wauwatosa Rd (181), right on Wauwatosa Rd to Bridge St. Right on Bridge St. to Evergreen Blvd, left on Evergreen Blvd approximately three blocks. Street parking or Pool/Waterpark lot.

Jul 27, 2013- Holland Festival - 27, 43, 57 miles

Ride along Lake Michigan to Cedar Grove and back. Staggered start. - The long route starts at 9:00 am; short route starts at 10:00. Both routes start from and end at the park-and-ride lot across from Allen Edmonds in Port Washington. Both routes return along the Interurban. Drive I-43 north and take Exit 100. Turn right (south) to first stop light (gas stations on two corners for a restroom break). Turn left (east) and look for the park-and-ride on the left (north) side of the street.

Jul 28, 2013- Coalition Picnic - 20, 37, 48 miles

Club members from BVBC, Cream City and Spring City only. Cream City Cycle Club hosting. - Bring a dish to pass or \$10.00. Starts at Greenfield Park. The start times are 7:30am, 8:30am, and 9am. More details at www.creamcitycycleclub.com

Aug 3, 2013- Harrington Beach - 24, 54 miles

Ride along Lake Michigan north to Harrington Beach and back. Note staggered starts for this ride. - Longer routes start at Virmond Park in Mequon. Take I-43 to Mequon Rd. East on Mequon Rd. to Lakeshore Dr. South approximately 3/4 mile to Virmond Park (on left). Short route starts ONE HOUR after long route from the Marina in Port Washington. Take I-43 north to WI 32, 32 northeast into Port Washington, right on Washington St to marina. Approximate drive time: 40 minutes from Zoo.

Aug 4, 2013- Parkside - 25, 47 miles

Easy ride through Kenosha County. - Starts near Petrifying Springs Park in Kenosha. Take I-94 south, exit at County E (Kenosha), east on County E approximately 5 miles to Hwy 31, left on Hwy 31 for 0.3 miles, right on JR for 0.6 miles to parking lot on the left, just outside of Petrified Springs Park.

Aug 10, 2013- Oconomowoc-Eagle - 25, 42 miles

Rural ride going south from Oconomowoc, through Dousman and Eagle. Longer route has some hilly areas. - Starts at Roosevelt Park. Take I-94 west to WI 67. Take WI 67 north (becomes Summit) for 2.5 miles. Turn left on Forest St. half-mile into park. Approximate drive time: 30 minutes from Zoo

Aug 11, 2013- Brown Deer to Cedarburg - 32 miles

Fairly easy ride, mostly rural areas through River Hill, Mequon and Cedarburg. - Starts at Brown Deer Park. Take I-43 north to Good Hope Rd., west to Teutonia Ave., right on Teutonia (approximately 1/2 mile), right on Calumet. Cross RR tracks. Turn left into the parking lot next to the tennis courts, before the stop sign.

Aug 17, 2013- Big Cedar Lake - 27, 43 miles

Rural ride going north through Holy Hill, Hartford and Slinger, long route circle Big Cedar Lake. - Start at Holy Hill. Take I-94 west to US 45 north. US 45 to WI 167 (Holy Hill Rd). West on 167 to Holy Hill. Park in large lower gravel lot.

Aug 18, 2013- Germantown Roll - 24, 32, 40 miles

Ride north toward West Bend. - Starts at Haupt Strasse Park in Germantown. Take Hwy 45 north to Mequon Rd (167east). Go east to Western Ave. (stoplight, Medical Associates on corner). Left (north) on Western Ave. 1/2 miles to park 30 minutes from Zoo.

Aug 24, 2013- Gils Ride to Rome - 25, 32, 42, 50 miles

Scenic ride through farming country to Rome and back. - I-94 west exit Hwy 67. Go left 3.4 miles to Sunset (Hwy 18). Turn right on Sunset, go half mile to Main St.. Turn left on Main .8 mile to Dousman Public lot. Use parking lot on east side of Main St. Approximate drive time: 40 minutes from Zoo.

Aug 25, 2013- Cream City Century - 50, 75, 100 miles

Annual Cream City Cycle Club ride (registration fee required). - Starts at Waterford Union High School. Take Hwy 36 SW to Hwy 20, then west on Hwy 20/83 into Waterford. Turn left on S. Center St., follow signs for parking lots south and west of the high school.
www.creamcitycycleclub.com (414) 299-9398

Aug 31, 2013- Virmond Park - 30 miles

Easy ride along Lake Michigan to Port Washington and back. - Starts at Virmond Park in Mequon. Take I-43 to Mequon Rd. East on Mequon Rd. to Lakeshore Dr. South approximately 3/4 mile to Virmond Park (on left). Approximate drive time: 25 minutes from Zoo.