

# Pedal Power

## Bay View Bicycle Club (BVBC) Newsletter

www.bayviewbikeclub.org

May 2014

Next Board Meeting:

Tuesday,

Next Newsletter Deadline:

Friday, June 13, 2014

Board Members:

President

Rich Temple

president@bayviewbikeclub.org

Vice-President

Tom McAvoy

vp@bayviewbikeclub.org

Secretary

Susie Thaller

secretary@bayviewbikeclub.org

Treasurer

Linda Roessl

treasurer@bayviewbikeclub.org

Ride Chair

Joe Fischer

rides@bayviewbikeclub.org

Social Committee Chair

Andy Sikorski

social@bayviewbikeclub.org

Membership Chair

Mike Smiley

membership-info@bayviewbikeclub.org

Classic Ride Chair

Tom Perkins

classic-info@bayviewbikeclub.org

Newsletter Editor

Tammy Gibbs

newsletter@bayviewbikeclub.org

Webmaster:

Ron Santoro

bikerron@bayviewbikeclub.org

Contact us:

Bay View Bicycle Club

P.O. Box 070455

Milwaukee, WI 53207

## May Meeting

Beulah Brinton Community Center

2555 S Bay St

Bay View

Monday, May 19, 7:00 pm

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The Prez Sez

Speaker: Steve Halmo – Miller Ride for the Arts  
& flat tire changing practice

I would like to start out by welcoming a new board member. As many of you know, Bill Dames stepped down from his position as membership chair. Mike Smiley has volunteered to take over the position of membership chair and has been hard at work processing all the new membership applications and renewals. So, if you have paid your membership or renewal, see Mike for your membership card.

A representative from the UPAF Miller Ride for the Arts will be joining us at this month's meeting to talk about the ride and hand out t-shirts to the ride volunteers.

I would also like to give a big High 5 to all of you that have been attending the rides so far this year. Despite the less than stellar weather we have been having, participation in the rides has been awesome, which says a lot about how great our group is. Looking ahead on the ride schedule, I see a bunch of great rides coming up, so hopefully the weather will keep improving and even more of you will join us as we ride.

And finally, we are still looking for volunteers to fill a few key positions as Classic Chairs. Please talk to one of the board members if you would like to volunteer for a position. Planning the Classic is a HUGE task for one person, but is MUCH easier when the tasks can be spread out over many, so even if you think you can only help a little, every little bit helps us move towards a successful Lake Country Classic!!

See you on a ride,  
Rich

## The Veep Speaks

Hi Everyone,

Tom here, went out with the club for Easter ride and managed to take a path less traveled (as in got lost). It was a great day weather wise so no big deal, just a little frustrating. Nevertheless, as Linda says: "read the map!" not a bad idea not to separate from everyone else. I spent a little more time on the road that day but all turned out fine. Sandy (wife) and I plan to go to the Bike Art Show tonight (May 16) at the Anondyne coffee house Rich mentioned in an email to you. Should be fun. Hope to see some of you there. Hoping to ride Saturday or Sunday. Happy trails!

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### Membership Notes

Hello everyone, my name is Mike Smiley. I have taken on the role of Membership Chair for the club. I have been a member of the club for more than two years now, and have enjoyed riding with many of you during that time.

The 2014 renewal date has now passed. If you have not sent in your application yet, please do so soon. We will be creating the Club Directory for distribution in June, so we'd like to have all active members renew by then. As usual, you can either send it to the club PO Box, or bring it to a ride or club meeting.

For those of you who have renewed, I will have your new membership cards for you at some of the club rides and at the May club meeting.

Please welcome the following new members who have joined recently:

Chuck Blakely, Michael Brantman, Michelle Cahoon, Steven Carini, Sandy Earle, Kathy Johnson, Ken Klauck, Robert & Jeanne Kollmeyer, Randy Perkins, Jean Philbert, Sharon Roy, Tom Simonson, Wendy Smiley, Janet Talberg, Chris Truskowski, Sue Volkman, Jim Walborn

Looking forward to seeing you on a ride,

Mike, Membership Chair

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### Social Events

Come on out and join us for my 4<sup>th</sup> edition of the bicycle scavenger hunt on June 8<sup>th</sup>, 10:00 a.m. at Miller Park parking lot near Friday's restaurant. It will be an approximately 15 mile ride mostly on the Hank Aaron trail. Guests are welcome. Join us for lunch at Friday's restaurant in Miller Park at about noon. Come just for lunch if you do not want to ride.

## Trail Etiquette & Safety

Because the Oak Leaf Trail is made up in part of parkway drives and municipal streets, **you must obey all traffic signs and signals.**

- **Yield to others already on the trail.**
- **Ride, walk, run, or skate on the RIGHT-hand side of the trail and roadways, with the flow of traffic.**
- **Do not weave** in and out between parked cars.
- **Keep to the RIGHT** on the trail.
- **Ride single file.**
- **Travel at a safe speed.** Travel at a speed that will not disturb or risk injury to others on the trail. Reduce your speed on sharp turns and blind corners.
- **Pass with care.** When passing another person, call out, "On your left." If you are the person being passed, acknowledge the signal with a wave and move to the right.
- **Ride only in designated areas.** Do not ride on park lawns, walks, or foot trails. Riding in undesignated areas is unsafe and can damage the landscape.
- **When stopping, move to the right, off the pathway.**
- **Use proper hand signals when turning.** To avoid a collision, drivers need to know where you are going.
- **At busy intersections, walk your bike.**
- **Skate on city sidewalks** when on municipal street segments of the trail. In-line skating is not allowed on city streets.
- **Wear brightly colored clothing.** Make yourself visible to drivers
- **Use headlights at night.** When it's dark, use a white headlight, mounted on your handlebars or helmet, and a red rear reflector or light.
- **Care about your brain!** Wear a helmet! Also use appropriate protective equipment such as knee pads for in-line skating.
- **Keep Fido leashed and under control at all times.** Keep you dog on a short lead so the leash (no longer than 6 feet) doesn't extend across the path, causing a biker or skater to fall onto your dog. Your dog is not allowed in posted areas, which include beaches, picnic areas, children's play areas, and athletic fields. You must pick up your dog's waste immediately for disposal at your home.  
**Follow all regulations about dogs in the parks.** Also see other park locations which allow dogs.

### Safety & Security Concerns

If you have any safety or security concerns about any part of the trail, **please contact the Milwaukee County Park System.**

# Classic Report

## Baking Goodies for the Classic

By Linda Roessl

Now is the time to start thinking about your contributions of fresh baked goods for the Classic. Homemade baked items make our event memorable to the riders who return year after year. Yes, some remember us for missing a turn and getting lost but the majority rave about the baking. Rice crispy bars, brownies, cookies and sweet breads are the favorites. Mini cupcakes are preferred over the regular size. While the weather is cool, warm up your kitchen with great smells of fresh baked goods and freeze them for the event.

Packaging is made easier this year with just three rest stops. Both Summit Park and Palmyra will be visited twice by the riders. It would be greatly appreciated if your baked goods are packaged in baggies or containers divisible by three.

A sign-up sheet will be circulated at the May membership meeting for a commitment for baked goods for the Classic on July 26<sup>th</sup>, 2014. If you are unable to attend the meeting you can email me at: roessll@hotmail.com. If you are not a baker, purchase store bought cookie dough and I will find a baker to assist you with the rest.

We will be asking for volunteers as drop off points prior to the Classic. We will be commutating this information once arrangements are complete or just bring your baked goods to church the morning of the event.

Thank you in advance for your volunteer efforts for this event. Any contributions are appreciated.

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## CLASSIC VOLUNTEERS

Hello volunteers!

I may not have emailed every single person, so please make sure the rest of the volunteers at your Rest Stop are informed. Many of you are very experienced Rest Stop volunteers, so please feel free to share your suggestions.

- **ICE in water and Gatorade at all times. Test-taste the Gatorade before serving.**
- **Keep everything in shade as much as possible.**
- **Watch riders for signs of heat exhaustion and heat stroke.** (*First Aid instructions will be with your Rest Stop supply bin.*)

There is no rain in the forecast, but it will be **hot**. It is extremely important that we keep our water and Gatorade iced. We plan to ask SAG drivers to pick up your empty water bottles, have them refilled then return them to you. **DO NOT RUN OUT OF WATER!** If the SAG drivers are unable to get water for you in a timely manner, please have a volunteer from your Rest Stop get the water. Bark River: the campground has water. Mackie Park: the water there tastes awful, so please drive the short distance to Ottawa State Park and get water at Ottawa. Palmyra: water faucet is right there at your site. Summit Park: we'll bring water from the Church as needed.

### **THINGS TO BRING:**

- Large cooler(s) and 2 bags of ice. Each person bring at least 1 cooler and 2 bags of ice, please.
- Bike floor pump (one person bring it)
- Bike tools (one person bring some)
- Chair for yourself (can bring couple extra chairs for riders if you like)

### **TIME TO ARRIVE, TIME TO OPEN REST STOP**

- ❖ 6:00 a.m. be at the First Congregational Church in Oconomowoc with your donated bakery items, or send them with someone else. The volunteers at each Rest Stop will have to communicate with each other to plan who does what, when and where.
- ❖ Pick up all of your Rest Stop supplies at the Church.
- ❖ 7:00 a.m. open Rest Stop at Summit Park, (100-mile riders will leave early to avoid heat of day).
- ❖ 7:30 a.m. open Rest Stop at Bark River.
- ❖ 8:00 a.m. open Rest Stop at Palmyra.
- ❖ 8:00 a.m. open Rest Stop at Mackie Park.

### **SET-UP and SUPPLIES FOR REST STOP**

- Use canopies at Summit Park and Bark River Rest Stops. Palmyra and Mackie Park have shelters.
- Bug-bomb spray the site if necessary. (mosquitoes have been horrible in the area!)
- Set up a table to serve food.
- Make room on table, or set up second table for water and Gatorade.
- Use tablecloths, (tape them down if windy).
- Display the posters for Sponsors and Ride Route maps.
- Display any banners and Rest Stop signs available to you.
- Make sure riders are wearing this year's Ride wristband, which entitles them to food and drinks. (have them register if no wristband)
- Arrange the bakery items in a pleasing manner on the trays – it's all about presentation!
- Cut up fruit, bagels, etc. so that they are easy finger food.
- Arrange **all** food so that it is well presented and appetizing.
- Use the elasticized bags, splatter guards and netting to protect food from bugs.
- Put up garbage bags and containers where riders can easily see them.
- Clean as needed.
- Check port-o-johns for toilet paper and hand sanitizer.

### **WHO TO CALL:**

If you run out of anything, (ice, food, water, etc.), call **Dan Gannon cell #414-403-3765** or **Sam Gannon cell #414-510-5290** and we will make sure that it is promptly delivered to you. Also call us for any special needs, SAG, updates on rider numbers, anything.

Please notify us of any helpful comments made by riders, particularly those concerning route markings and signs, so changes can be made immediately.

### **CLEAN UP**

Wipe clean the tablecloths before folding them up.

Someone take the dishes home to wash them and bring them back to the Beulah Brinton Center.

Put leftover food in ziplock bags and bring it to the Church.

Pack up your supplies in the plastic bins.  
Make sure the site is free of trash and that the area is as clean as possible.

***THANK YOU – THANK YOU – THANK YOU for being the awesome volunteers that you are!!!***

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## Ride Coordinator Responsibilities

Being a ride coordinator is lots of fun and earns you additional rider points. It's easy to do. There are just a couple of things to remember:

- ✓ Be on time, or preferably, a little early.
- ✓ Be sure all riders sign the waiver sheet. Have them indicate the number of miles they intend to ride.
- ✓ Provide and distribute the ride route map to all riders.
- ✓ Pack and carry a First Aid Kit. If you don't have a kit or need additional supplies, please contact the Ride Chair. Render assistance as needed and as you are able. In case of an accident involving more serious injury or property damage, fill out the enclosed incident report when time permits. This will allow a claim to be submitted to our insurer.
- ✓ At rest and lunch stops, do a check to make sure all riders are accounted for. At the end of the ride, again double-check on riders to make sure everyone made it back.
- ✓ Have fun!

After the ride, return the waiver sheet (and ride package) to the Ride Chair so that everyone can qualify for rider points and to satisfy our insurance requirements.

Make notes after the ride (where to eat afterwards, where to park, any problems with the route (places people got lost, incorrect mileage, bad corners, etc.)) for the next ride coordinator and turn in to the Ride Chair.

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## Bay View Bicycle Club

### Ride Statistics for April 12, 2014 - May 12, 2014

Rides Ridden .....	11
Total Riders .....	208
Members.....	62
Non-Members.....	26

Average per Ride (rounded) .....	19
Total Miles Ridden .....	6,373

## Bay View Bicycle Club

### Ride Statistics for April 13, 2013 - May 12, 2013

Rides Ridden .....	11
Total Riders .....	172
Members .....	58
Non-Members .....	7
Average per Ride (rounded) .....	16
Total Miles Ridden .....	5,705

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## Bay View Bicycle Club

### Rider Points for October 1, 2013 – May 11, 2014

Siebers, Scott.....	689	Burton, Becky .....	195
Schmidt, Jeff.....	680	Freischmidt, Lance .....	195
Roessl, Linda.....	612	Dix, Michael.....	184
Mowery, Dean.....	600	McChain, Betsy .....	177
Temple, Rich.....	573	Borchardt, Jeff.....	155
Sikorski, Andy .....	512	Ziegler, Megan .....	150
Soriano, Joseph .....	501	Dames, William .....	138
Fischer, Joe.....	449	Paulson, Don .....	135
Smiley, Michael .....	377	Mitton, Steve .....	131
Ziegler, Suzanne .....	354	Hogan, Helen.....	122
Thaller, Susan .....	336	Crown, Ron.....	112
Tuckwood, Debra .....	336	Mitton, Sandy.....	112
Ziegler, Joel .....	314	Fishman, Steve .....	107
Santoro, Ron .....	289	Kelly, Kent .....	107
Litzenberg, Jill.....	286	Wojtal, Norm.....	106
Klein, Robert.....	283	Wojtal, Prati .....	106
Henn, Milton .....	270	Martinez, Andy.....	105
Perkins, Tom.....	251	McNaughton, Jamison .....	95
Rutkowski, Ron.....	247	Bauknecht, Joe .....	90
McAvoy, Tom .....	214	Schwabe, John.....	90
Prestine, Jodie .....	212	Peterson, Beth .....	82
Schwabe, MaryJo .....	212	Watson, Wendy .....	79
Peterson, Pat.....	211	Shields, Colleen .....	77
Beachkofski, Clare .....	198	Ellington, Pauline .....	74
Constantine, Darwin .....	198	Zellner, John .....	69

Nelson, Tom .....	64
Templin, Tod .....	64
Labinski, Mary .....	62
Blakely, Chuck .....	60
Johnson, Kathy .....	59
Zalewski, Mark .....	57
Sericati, Tom .....	52
McCarty, Elaine .....	50
Sharpless, Philip .....	50
Gresl, Lois .....	47
Gannon, Dan .....	43
Gannon, Sandra .....	43
Connors, Dennis .....	37
Craig, Michael .....	33
Lalor, Tierney .....	33
Lewis, Paul .....	33
Moranski, Erica .....	33
Orosa, Jojo .....	32
Rosenberg, Diane .....	32
Stachowiak Sr, Keith .....	32
Labinski, Dennis .....	30
Remlinger, George .....	24
Earle, Sandy .....	22
Bivens, Bob .....	20
Bivens, Katie .....	20
Brantman, Michael .....	20
Krueger, Gil .....	14
Krueger, Nancy .....	



## Bay View Bicycle Club

### Ride Schedule for May 17, 2014 - July 1, 2014

All Rides Start at 10am April, May and October and 9am June through September

#### **Tuesdays-** Morning Rides (May - September) - miles vary

Start at 9:00am from Buelah Brinton Community Center, 2555 S Bay St, Bay View. Routes determined day of ride but are usually around 20 miles.

#### **May 17, 2014-** LaGrange - Whitewater - 30, 56 miles

Scenic ride through Southern Kettle Moraine between LaGrange and Whitewater. - Starts from LaGrange General store. Take I-43 southwest to East Troy. West on WI 20 to US 12. West on US 12 to LaGrange. Park in the lot at the intersection of US 12 and Cty. H. Approximate drive time: 50 minutes from Zoo.

#### **May 18, 2014-** Toms Picnic Ride - 13, 28 miles

Easy ride through Oak Creek Pkwy, south to Caledonia and back. Club members only, bring a dish to pass, - Call Tom @ (414) 764-0091 by the Friday before the ride to RSVP and to get directions.

#### **May 21, 2014-** Ride of Silence - 10 miles

Easy ride in silence at a very slow pace. Ride to honor bicyclists killed by motorists, promote sharing the road, and promote awareness of bicycling safety. - Starts at 7:00 pm at all Wheel & Sprocket locations.

#### **May 24, 2014-** Holy Moly Hills - 14 miles

Hills, hills, hills. If you like hills this is a fun ride. - Starts at Plat Rd School. Take US 45 to WI 167 (Holy Hill Rd). West on 167 to 164. Turn left on 164 go approximately 3 miles to Monches Rd. Turn right on Monches go approximately one mile to Plat Rd. Turn right on Plat Rd to Plat Elementary school parking lot (approximately a tenth of a mile).

#### **May 24, 2014-** Two Trails West - 15, 20, 33, 44 miles

Ride New Berlin Recreational and Glacial Drumlin Trails west from Greenfield Park. Trail Pass required beyond Waukesha. - Starts at Greenfield Park. Take I-894, exit at Greenfield Ave. Go west to 124th St. Turn Left on 124th and left into park at the Cool Waters Sign. Park in the north lot across from the Cool Waters Pool.

#### **May 25, 2014-** Harrington Beach - 24, 34, 54, 64 miles

Ride along Lake Michigan north to Harrington Beach and back. Note staggered starts for this ride. - Longer routes start at Virmond Park in Mequon. Take I-43 to Mequon Rd. East on Mequon Rd. to Lakeshore Dr. South approximately 3/4 mile to Virmond Park (on left). Short route starts ONE HOUR after long route from the Marina in Port Washington. Take I-43 north to WI 32, 32 northeast into Port Washington, right on Washington St to marina. Approximate drive time: 40 minutes from Zoo.

#### **May 26, 2014-** Charlies Memorial Ride - 23, 40 miles

Scenic ride through Hales Corners, Muskego, Big Bend and Mukwonago. Long route has numerous hills. - Passes near Charlies gravesite. Starts at Hales Corners Park. Take I-43/894 to Forest Home Ave., south west on Forest Home (WI 24) to Janesville Rd. (WI 24), west on Janesville to 116th St. North on 116th St. Left on New Berlin Rd. to parking lot on left.

#### **May 31, 2014-** Gils Ride to Rome - 25, 32, 42, 51 miles

Scenic ride through farming country to Rome and back. - Starts at Kettle Moraine Middle School, 301 E Ottawa Ave Dousman. Take I-94 west to WI 67 (Oconomowoc exit), south on WI 67

approximately 4.6 miles, right on Ottawa Ave (CR Z) 1/4 mile, turn left into school parking lot on the left side of the street. There are no restroom facilities at the school. 30 minutes from Zoo.

**Jun 1, 2014-** Miller Lite Ride for the Arts - 5, 15, 25, 50, 75 miles

Annual fund raiser for the Arts. Sign-up with the BVBC to be a ride marshal. - Starts at Summerfest grounds in downtown Milwaukee. See brochure for details.

**Jun 7, 2014-** River Hills/Grafton - 31, 48 miles

Ride north through River Hills, Mequon, Thiensville and Grafton. Return along Lake Michigan. - Starts at Kletzsch Park. Take I-43 north to Good Hope Rd. Go west one mile to Milwaukee River Pkwy. South in Pkwy approximately one mile to parking lot on west side.

**Jun 8, 2014-** Dundee - Northern Kettle Moraine - 20, 31, 44 miles

Very scenic ride through Northern Kettle Moraine state forest. Short route is fairly easy, longer routes are moderately hilly. - Starts from Mill Park in Dundee. Take I-94 west to US 45. North on US 45 to WI 67 (approximately 7 miles past Kewaskum). East on 67 to Dundee. Park in lot behind the Hamburger Haus. Approximate drive time: 55 minutes from Zoo.

**Jun 14, 2014-** Parkside - 25, 47 miles

Easy ride through Kenosha County. - Starts near Petrifying Springs Park in Kenosha. Take I-94 south, exit at County E (Kenosha), east on County E approximately 5 miles to Hwy 31, left on Hwy 31 for 0.3 miles, right on JR for 0.6 miles to parking lot on the left, just outside of Petrified Springs Park.

**Jun 14, 2014-** Tour de Cure - 16, 31, 62 miles

Annual American Diabetes Association ride (registration fee and fund-raising required). - See website for more information: <http://main.diabetes.org/site/TR>

**Jun 15, 2014-** LaGrange - Southern Kettle Moraine - 23, 49 miles

Scenic ride through Southern Kettle Moraine. - Starts from LaGrange General store. Take I-43 southwest to East Troy. West on WI 20 to US 12. West on US 12 to LaGrange. Park in the lot at the intersection of US 12 and Cty. H. Approximate drive time: 50 minutes from Zoo.

**Jun 21, 2014-** Past Presidents Day Ride and Picnic - 28, 47 miles

Ride open to all/Picnic for members only. Bring dish to pass or \$10. Start times are 8:00 am and 9:00 am. Rural ride going through Muskego, New Berlin and Windlake. - Starts at Greenfield Park. Take I-894, exit at Greenfield Ave. Go west to 124th St. Turn Left on 124th and left into park at the Cool Waters Sign. Park in the north lot across from the Cool Waters Pool.

**Jun 22, 2014-** Ottawa Lake - 29, 41 miles

Scenic ride through Southern Kettle Moraine State Forest. - Take I-94 west to WI 67 (Oconomoc exit), south on WI 67 approximately 3.4 miles, right on Sunset/(WI 18) 1/2 mile, left on Main St. 1.2 miles to Glacial Drumlin parking on left side of street. 30 minutes from Zoo.

**Jun 28, 2014-** Menomonee Falls/Neosho - 29, 49, 59 miles

Ride west from Menomonee Falls to Neosho and back. Scenic and very challenging in spots. - Starts at Village Park in Menomonee Falls. Take I-94 west to US 45. North on 45 to Appleton Ave. Northwest on Appleton Ave to Garfield Dr. (across from bank in downtown). Left on Garfield Dr. to Village Park on left. Approximate drive time: 20 minutes from Zoo.

**Jun 29, 2014-** Lake Mills Triangle - 29, 41, 55 miles

Very scenic ride from Lake Mills to Cambridge and west to Lake Kegonsa State Park. Longer routes hilly. - New Starting Location: I-94 west (Exit 259 - Lake Mills), south on Hwy 89 approximately 2 miles, right on Sandy Beach Road. Park in Rotary Park lot, approximately .2 miles (enter at west end).

## On The Road

You may recall when I first released the annual ride schedule (and if not don't worry, I am about to remind you) I cautioned everyone about six times that it was subject to change. Well I am announcing the first of what I hope will be very few changes. How long was that first schedule good for, two months?

The change is we are switching the Past President's picnic ride to Saturday June 21. It was scheduled for Sunday June 22 but it turns out that is also the day the River Valley River Edge Ride is scheduled and a large number of club members are interested in participating in that ride. So I we just switched the Saturday and Sunday rides that weekend. Please consult the updated current ride schedule posted on the club's website (hurry before it changes again).

We have had some great turn outs for rides this year! Last Saturday Jill used every copy of the cue sheet/map she had for the Brown Deer ride. Sounds like the ride chair needs to plan ahead a little better. I ran some statistics comparing this year's rides to last year and our ridership is up. See below. I don't think we can attribute that to the great weather we have been having.

As always we need ride leaders. If you are new to the club don't be timid about volunteering to be a ride leader. Shoot, they let me do it..... I have included the ride leader responsibilities in this month's newsletter. It really isn't difficult and there are always lots of members willing to help you out. Remember, as a ride leader you are awarded DOUBLE the mileage of the ride in our much coveted rider points. At the end of the year our top three male and female rider point leaders receive valuable prizes! (not to mention bragging rights). You need to be a ride leader at least twice per year in order to qualify for prizes. And if that is not enough, at every meeting we enter that month's ride leaders in a prize drawing.

So remember, it's not a ride if we don't have a ride leader! And let's have fun out there.

--Joe